

SAN FRANCISCO

American Osteopathic Academy of Orthopedics

Annual Meeting

In conjunction with the AOA's 115th Annual Osteopathic Medical Conference & Exposition: Unified 2010

October 24 - 26, 2010

Moscone Convention Center • San Francisco, CA



American Osteopathic Academy of Orthopedics

PRELIMINARY PROGRAM

Welcome!

Welcome to San Francisco and the Annual Meeting of the American Osteopathic Academy of Orthopedics. In the spirit of unity in the Osteopathic profession, several years ago the Board of Directors made the decision to meet with the American Osteopathic Association at the 115th Osteopathic Medical Conference and Exposition.

The AOA will be using the Marriott San Francisco Marquis as our base hotel. All of our social functions will take place in that venue. All educational activities will take place in the Moscone Convention center, a short walk away.

Your CME Committee, through the moderators, has assembled a first class educational program. On Sunday afternoon we are pleased to welcome James Weinstein, DO, Director of The Dartmouth Institute for Health Policy and Clinical Practice and President of the Dartmouth-Hitchcock Clinic as our keynote speaker. That afternoon, speakers will also address the physician's relationship to research, innovation and industry.

On Monday morning, the AOA opening session and keynote address will begin at 8:00 am and end at 9:30 am. The AOA session will begin at 10:00 that day.

Tuesday morning we will be co-hosting a session with our Neurology colleagues, addressing upper extremity nerve problems and ailments.

While in San Francisco, I encourage each of you to enjoy the great food and take advantage of the activities the "wine country" has to offer.

Since all AOA specialty affiliates will be in the city at the same time, this will be a wonderful time to renew your friendships with your DO colleagues. Why not take advantage of this tremendous opportunity to share your experiences with your old classmates and fellow residents from years past?

I look forward to seeing all of you in San Francisco!

Jack D. Lennox, DO, FAOA

President

Meeting Information

Target Audience

This activity is intended for osteopathic surgeons in the field of orthopedics, orthopedic residents, allied health and any physician interested in the practice of orthopedics.

Overall Conference Objectives

The goal of this year's program is to provide orthopedic surgeons with an update on current techniques and controversies in orthopedics. Leaders in the field will debate and discuss selected topics so that practicing orthopedists will have knowledge to further develop their skills.

Upon completion of this conference, participants will have learned:

- To be more familiar with current techniques and controversies in orthopedics;
- To better understand the indications, techniques, complications and outcomes of various surgical procedures within their specialty.

Goals of the Conference

Through lectures, panels, case discussions, and question/answer sessions, the goals of this conference are:

- To offer a diversified program of continuing education for practicing orthopedic surgeons;
- To keep orthopedic surgeons and other interested physicians and health care professionals informed of recent developments, techniques and advances in orthopedics.

Statement of Need

Responses from our prior conferences identify the need for a greater understanding of specific aspects of orthopedic surgery within the specialties of Shoulder and Elbow, Trauma, Hand, Sports, Pediatrics, Spine, Foot and Ankle and Adult Reconstructive and Arthritis. In addition, sessions have been added to address recent developments in upper extremity nerve problems/ailments through a combined session with the American College of Osteopathic Neurologists and Psychiatrists. An afternoon General Session has been added to feature renowned speakers regarding the varied roles of an orthopedic surgeon as they relate to healthcare delivery systems and industry that are performed in addition to treating patients and performing surgery.

Accreditation

During OMed 2010, DOs will be able to earn up to 26 hours of Category 1-A CME credit for attending the didactic programs of the specialty colleges and the conference's closing joint session. Of this total, AOA sessions comprise a total of 19 Category 1-A Credit Hours as follows:

Sunday, October 24.....	7.0 credit hours
Monday, October 25.....	5.5 credit hours
Tuesday, October 26.....	6.5 credit hours

Attestation forms will be provided by the AOA at registration.

Annual Meeting Faculty

A full listing of speakers is available on the AOA website at <http://www.aoa.org/meetings/annual/2010/faculty.iphtml>.

Registration & Hotel Accommodations (Deadline September 24, 2010)

Registration for the 2010 Annual Meeting and Hotel Reservations must be made through the AOA conference website: www.omedconference.org. Please check ORTHOPEDICS on your registration form in order to receive your AOA conference syllabus.

CD Syllabus

Registrants who check the "Orthopedics" option on their registration form will receive their AOA course syllabus on CD at the AOA desk, just outside the AOA session rooms. Power strips will be provided at the front of the room for those who bring laptop computers to view the syllabus.

Scientific Poster Hours

Sunday, October 24.....	11:30 a.m. – 5:00 p.m.
Monday, October 25.....	8:00 a.m. – 5:00 p.m.

AOA Welcome Desk Hours

The AOA Welcome Desk will be located outside the AOA conference rooms.

Sunday, October 24.....	7:00 a.m. – 5:00 p.m.
Monday, October 25.....	9:30 a.m. – 5:00 p.m.
Tuesday, October 26.....	7:00 a.m. – 5:00 p.m.

Sunday, October 24, 2010

8:00 am-12 noon	Pediatric Session	John A. Schlechter, DO, Moderator
8:00 am-8:10 am	Welcome and Introduction	John A. Schlechter, DO
8:10 am-8:30 am	Slipped Capital Femoral Epiphysis: Current Concepts	Francois D. Lalonde, MD
8:30 am-8:50 am	Limb Deformity Basics	Scott C. Nelson, MD
8:50 am-9:00 am	Audience Questions and Discussion	Faculty Panel
9:00 am-9:20 am	Osteochondritis Dissecans and the Adolescent Athlete	John A. Schlechter, DO
9:20 am-9:40 am	Pediatric Sports Medicine: Challenging Cases	Eric W. Edmonds, MD
9:40 am-9:50 am	Audience Questions and Discussion	Faculty Panel
9:50 am-10:10 am	Coffee Break	
10:10 am-10:40 am	Upper Extremity Trauma - A Case Based Discussion	Patrick C. Henderson, MD and Faculty Panel
10:40 am-10:50 am	Audience Questions and Discussion	Faculty Panel
10:50 am-11:30 am	Lower Extremity Trauma - A Case Based Discussion	Vineeta T. Swaroop, MD and Faculty Panel
11:30 am-11:40 am	Audience Questions and Discussion	Faculty Panel
11:40 am-12:00 pm	Ponseti Clubfoot Treatment in the Developing World	Scott C. Nelson, MD
8:00 am-12 noon	Spine Session	John Seftor, DO, Moderator
8:00 am-8:30 am	Lumbar Spinal Stenosis: Traditional Non-Operative Care When Enough is Enough	Jason Eck, DO, MS
8:30 am-9:00 am	Surgical Management of Lumbar Spinal Stenosis Without Deformity or With a Low Grade Spondylolisthesis	Kamran Aflatoon, DO
9:00 am-9:30 am	Lumbar Spinal Stenosis Surgery: Early and Late Failures	Stephen S. Cairone, DO
9:30 am-10:00 am	Lumbar Spinal Stenosis Surgery: Avoidance of Problems (Poor Decision Making)	Brian R. Perri, DO
10:00 am-10:30 am	Coffee Break	
10:30 am-11:00 am	Cervical Radiculopathy (Disc or Spondylosis): Surgical Decision Making	Daniel J. Brandenstein, DO
11:00 am-11:30 am	Cervical Spine Surgery: Good Surgeon, Good Surgery with less than Desirable Outcome	TBA
11:30 am-12 noon	Getting Into Your Patient's Head - Literally: How to Handle Peri- and Post-Operative Pain	Scott M. Fried, DO, FAOAO
12 noon-1:00 pm	Lunch on your own	
1:00 pm-5:00 pm	General Session	Steven J. Heithoff, DO, FAOAO, Moderator
1:00 pm-1:10 pm	Introduction	Steven J. Heithoff, DO, FAOAO
	PHYSICIAN RESEARCH	
1:10 pm-1:55 pm	Where's the Wisdom in Healthcare?	James N. Weinstein, DO
1:55 pm-2:10 pm	Question and Answer	
2:10 pm-2:35 pm	Coffee Break	
	PHYSICIAN INNOVATION	
2:35 pm-3:00 pm	From Bench to Bank: The Contemporary Landscape for the Surgeon Entrepreneur	Thomas Graham, MD
	PHYSICIAN AND INDUSTRY	
3:00 pm-3:25 pm	Physician Distribution Network	Paul Burton, DO and John C. Steinmann, DO, FAOAO
3:25 pm-3:50 pm	Residency Programs: Relationships With Industry	Joe Koch
3:50 pm-4:20 pm	Changing Dynamics of Industry/Physician Collaboration	Joseph DeVivo
4:20 pm-5:00 pm	Panel Discussion	Faculty Panel

Monday, October 25, 2010

8:00 am AOA Opening Session Begins

10:00 am-12 noon Shoulder and Elbow Session

Jack Kazanjian, DO, FAOAO, Moderator

10:00 am-10:05 am Introduction

Jack Kazanjian, DO, FAOAO and H. Brent Bamberger, DO, FAOAO

10:05 am-10:30 am TBA

Michael D. Mason, DO

10:30 am-10:55 am Dealing with Proximal Humerus Malunions and Nonunions

Jack Kazanjian, DO, FAOAO

10:55 am-11:20 am Complications in Shoulder Arthroplasty

Gerald R. Williams, Jr., MD

11:20 am-11:45 am Case Presentations

11:45 am-12 noon Question and Answer

12 noon-1:00 pm Lunch on your own

1:00 pm-5:00 pm Hand Session: Controversial Problems in the Upper Extremity

H. Brent Bamberger, DO, FAOAO, Moderator

1:00 pm-1:30 pm Total Elbow Arthroplasty - State of the Art

Thomas J. Graham, MD

1:30 pm-2:00 pm Complications of Total Hinged Elbow Arthroplasty

Peter J. Stern, MD

2:00 pm-2:30 pm Essex Lopresti -State of the Art Treatment

Brian A. Chalkin, DO

2:30 pm-2:45 pm Panel Discussion

2:45 pm-3:15 pm Coffee Break

3:15 pm-3:45 pm Distal Radius 2010

Steven J. Heithoff, DO, FAOAO

3:45 pm-4:15 pm Acute Fracture Treatment 2010

Mark Trzeciak, DO, FAOAO

4:15 pm-4:45 pm Evaluation and Treatment of PIP Joint Dislocations

Peter J. Stern, MD

4:45 pm-5:00 pm Panel Discussion

6:00 pm-10:30 pm **AOAO ANNUAL BANQUET** *Marriott San Francisco Marquis, 55 Fourth Street, San Francisco, California*

1:00 pm-5:00 pm Adult Reconstruction and Arthritis Session

Todd D. Schwartz, DO, Moderator

1:00 pm-1:10 pm Opening Remarks

Todd D. Schwartz, DO

1:10 pm-1:30 pm Material Innovations in Arthroplasty

Todd D. Schwartz, DO

1:30 pm-1:50 pm Periprosthetic Knee Fractures

Adam S. Rosen, DO

1:50 pm-2:10 pm Custom-Fit Knee Arthroplasty

Scott G.M. King, DO

2:10 pm-2:30 pm Correction of Mal-Alignment Deformities

Todd D. Schwartz, DO

2:30 pm-2:50 pm DVT Prophylaxis

Clifford W. Colwell, Jr., MD

2:50 pm-3:00 pm Panel Discussion

3:00 pm-3:20 pm Coffee Break

3:20 pm-3:40 pm Direct Anterior Total Hip Arthroplasty: Pitfalls and Pearls

William B. Lutes, DO

3:40 pm-4:00 pm Hip Resurfacing

Thomas Beck, DO

4:00 pm-4:20 pm Hip Instability

Clifford W. Colwell, Jr., MD

4:20 pm-4:40 pm Hip Arthroscopy

Elliot Leitman, MD

4:40 pm-5:00 pm Panel Discussion

6:00 pm-10:30 pm **AOAO ANNUAL BANQUET** *Marriott San Francisco Marquis, 55 Fourth Street, San Francisco, California*

The AOAO Annual Banquet

at the Marriott San Francisco Marquis, 55 Fourth Street, San Francisco, CA.



6:00 - 7:00 pm Cocktail Reception
 7:00 - 9:30 pm Banquet
 9:30 - 10:30 pm Dessert Reception

Ticket purchase required. Register using the form on page 7, or online at www.aoao.org/meetings/.

Tuesday, October 26, 2010

8:00 am-8:30 am AOA Annual Business Meeting

8:30 am-12 noon Upper Extremity Nerve Problems/Ailments: A Combined AOA and ACONP Session **Nader Paksima, DO, MPH, Moderator**

8:30 am-8:55 am	ACONP: Basic Principles of Nerve Conduction and EMG	Alex Steinbock, DO - ACONP
8:55 am-9:20 am	Compression Neuropathies of the Shoulder	Gerald R. Williams, MD
9:20 am-9:45 am	Wasting with Fasciculations—Differentiating Peripheral Nerve Injuries from ALS	Timothy Schoonover, DO - ACONP
9:45 am-10:10 am	Uncommon Compressive Neuropathy Upper Extremity (Surgery and Anatomy)	D. Patrick Williams, DO
10:10 am-10:30 am	Coffee Break	
10:30 am-10:55 am	Clinical and Electromyographic Findings in Common Upper Extremity Entrapment Neuropathies	Alex Steinbock, DO - ACONP
10:55 am-11:12 am	Arthroscopic Carpal Tunnel vs. Open Carpal Tunnel Release	Timothy W. Harman, DO
11:20 am-11:45 am	Focal Dystonias of the Hand and Upper Extremity	Timothy Schoonover, DO - ACONP
11:45 am-12 noon	Question and Answer	

8:00 am-8:30 am AOA Annual Business Meeting

8:30 am-12 noon Trauma Session **Anthony F. Infante, Jr., DO, FAOAO, Moderator**

8:30 am-8:55 am	Suprapatella Nailing for Tibia Fractures	Thomas G. DiPasquale, DO, FAOAO
8:55 am-9:20 am	Plateau Fractures	Michael S. Levy, DO
9:20 am-9:45 am	Distal Femur Fractures in the Elderly	Anthony F. Infante, Jr., DO, FAOAO
9:45 am-10:00 am	Question and Answer	
10:00 am-10:30 am	Coffee Break	
10:30 am-10:55 am	Update in ORIF Distal Radius Fractures	Brian A. Chalkin, DO
10:55 am-11:20 am	Proximal Humerus: To Plate or Nail	Anthony Infante, DO, FAOAO
11:20 am-11:45 am	Distal Humerus Fractures: Triceps Sparing vs. Osteotomy	Timothy F. Peters, DO
11:45 am-12 noon	Question and Answer	
12 noon-1:00 pm	Lunch on your own	

1:00 pm-5:00 pm Foot and Ankle Session **Premjit (Pete) S. Deol, DO, Moderator**

1:00 pm-1:25 pm	The Feet That Stress Me Out: Stress Fractures of the Foot & Ankle	W. Bret Smith, DO
1:25 pm-1:50 pm	Small Insults, Big "Potential" Problems: Osteochondral Lesions on the Talus	Warren S. Taranow, DO
1:50 pm-2:15 pm	The Greek Crisis in Us All: Achilles Tendon Injuries	Eric Giza, MD
2:15 pm-2:45 pm	Case Discussion	
2:45 pm-3:15 pm	Coffee Break	
3:15 pm-3:40 pm	The French "Twist": LisFranc Fractures/Dislocations	Terrence Philbin, DO, FAOAO
3:40 pm-4:05 pm	The Smoldering Nightmare: Diabetic Ankle Fractures	William E. Saar, DO
4:05 pm-4:30 pm	Why Never to Use a Ladder...: Fractures of the Calcaneus	Marc A. Tressler, DO
4:30 pm-5:00 pm	Case Discussion	

>>>>> *Tuesday, October 26, continued on page 6*

12 noon-1:00 pm Lunch on your own

1:00 pm-5:00 pm Sports Session: Sideline Sports Medicine

Gary Ulrich, DO, FAOAO, FACOS, Moderator

1:00 pm-1:15 pm Introduction

Gary Ulrich, DO, FAOAO, FACOS

1:15 pm-1:35 pm Team Physician Administration Issues

Jeffrey G. Konin, PhD, ATC, PT, FACSM, FNATA

1:35 pm-2:00 pm Sideline Management of Emergencies

Robb S. Rehberg, PhD, ATC, NREMT

2:00 pm-2:20 pm Concussion Management

Robb S. Rehberg, PhD, ATC, NREMT

2:20 pm-2:50 pm MSU Sideline Stinger Management

Douglas P. Dietzel, DO

2:50 pm-3:05 pm Coffee Break

3:05 pm-3:30 pm Strength and Conditioning

Jim Clover, MEd, ATC, PTA

3:30 pm-4:00 pm ACL Injury Prevention Program

Jeffrey G. Konin, PhD, ATC, PT, FACSM, FNATA

4:00 pm-4:15 pm Update on Sports Section

Gary Ulrich, DO, FAOAO, FACOS

4:15 pm-5:00 pm Discussion

Annual Meeting Session Objectives

Adult Reconstructive

Upon completion of the Adult Reconstruction lecture series, participants will have an advanced understanding of the current trends and concepts that are emerging. These lectures will review many of the current developments in hip and knee arthroplasty that will enhance the knowledge of the participants and further the growth of their practices.

Foot and Ankle

Upon completion of this session, the participants will be able to identify common sports & traumatic injuries of the foot & ankle, develop an understanding of the standard treatments for injuries of the foot & ankle, and learn about new treatments & technology in the treatment of injuries of the foot & ankle.

General Session

Upon completion of this session, the participants will have learned the varied roles of an orthopedic surgeon that are performed in addition to treating patients and performing surgery, will understand the urgency with transfer of healthcare delivery, using a spine surgery center model, and will have learned how orthopedic surgeons become entrepreneurs and how orthopedic surgeons interact with industry and manufacturers of implants and surgical devices.

Hand

Upon completion of this session, participants will have learned the latest treatments and techniques for total elbow arthroplasty, Essex Lopresti, distal radius, and acute fractures. They will also have learned how to evaluate and treat PIP joint dislocations.

Pediatrics

Upon completion of this session, participants will have reviewed important pediatric cases involving current concepts in slipped capital femoral epiphysis and limb deformity basics. Participants will also have learned updates in treatment for osteochondritis dissecans in the adolescent athlete and will review challenging cases in pediatric sports medicine. Sessions devoted to upper and lower extremity trauma will allow participants to ask questions and discuss current and future trends and techniques.

Shoulder and Elbow

Upon completion of this session, participants will have learned Pathoetiology of proximal humerus malunions and nonunions, the appropriate clinical evaluation and classification of proximal humerus malunions and nonunions, nonoperative and operative treatment of proximal humerus malunions and nonunions, and appropriate preoperative surgical planning and techniques in treating malunions and nonunions.

Spine

Upon completion of this session, participants will have learned the latest issues in spine surgery including traditional non-operative care, surgical management and problems associated with lumbar spinal stenosis as well as the latest techniques in positive surgical outcomes and pain management.

Sports

Upon completion of this session, the participants will have reviewed current topics on common sideline sports injuries and will have learned current treatment and preventative recommendations of these conditions. The practicing physician will be able to utilize the information learned in this session in their practice.

Trauma

Upon completion of this session, the participants will understand the updates in fracture management of the tibia and the femur, including the update in 2010 operative techniques of both.

Upper Extremity Nerve Problems/Ailments

Upon completion of this session, the participants will have learned about common and uncommon upper extremity nerve issues, including compressive and traumatic nerve lesions, and the diagnosis and treatment of nerve lesions from the perspective of the surgeon as well as the neurologist.

Disclaimer

The material presented at the Annual Postgraduate Seminar has been made available by the American Osteopathic Academy of Orthopedics for educational purposes only. This material is not intended to represent the only, nor necessarily best, methods or procedures appropriate for the medical situations discussed, but rather is intended to present an approach, view, statement or opinion of the faculty which may be helpful to others who face similar situations.

The AOA disclaims any and all liability for injury or other damages resulting to any individual attending a session and for all claims which may arise out of the use of the techniques demonstrated therein by such individuals whether these claims shall be asserted by a physician or any other person.

No reproductions of any kind, including audiotapes and videotapes, may be made of the presentations at this meeting.



American Osteopathic Academy of Orthopedics Annual Banquet

Monday, October 25, 2010

Marriott San Francisco Marquis • 55 Fourth Street, San Francisco, CA

Cocktail Reception from 6:00 - 7:00 pm • Banquet from 7:00 - 9:30 pm • Dessert Reception from 9:30 - 10:30 pm

REGISTRATION FORM

Please complete and return this form to AOA at:
2209 Dickens Road, Richmond, VA 23230-2005 • FAX – 804 282-0090

You may register for the Annual Banquet online at www.aoao.org/meetings/

Please Print

First Name: _____ Last Name: _____ Degree: _____

Address: _____

City: _____ State: _____ Zip: _____

Email Address: _____ Phone Number: (Home Work) _____

Payment Information

- Early fee is \$125 by September 24, 2010
- Late fee is \$150 per person

Fee includes two drink tickets, dinner and the dessert reception. The AOA Annual Banquet fee is not included in your AOA registration, therefore separate registration is required for both members and guests.

Number of Tickets: _____ Total \$: _____

Members who purchase tickets for the banquet by September 24, 2010 may pick them up from the AOA staff at the AOA Welcome Desk outside the AOA meeting rooms at the Moscone Center.

Personal Check VISA MasterCard American Express Discover

Card No: _____ Exp. Date: _____

Signature: _____ Printed Name on Card: _____

CVV Security Code: _____ (3-digit # in signature box on the back of VISA/MC or 4-digit # on front of AMEX card above the card #).

Refund Policy: Requests for refunds must be made in writing no later than September 24, 2010.





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EDUCATORS' COURSE

On the Magnificent Mile Downtown Chicago

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American Osteopathic Academy of Orthopedics

19th Annual Educators' Course
April 2, 2011 • Saturday
Courtyard by Marriott
Chicago, IL

51st Postgraduate Seminar
May 13-15, 2011 • Marriott Camelback Inn • Scottsdale, AZ






Watch www.aooo.org for details and registration information.

American Osteopathic Academy of Orthopedics

51st Postgraduate Seminar
May 13-15, 2011
Thursday - Sunday
Marriott Camelback Inn
Scottsdale, AZ

American Osteopathic Academy of Orthopedics

AOAO Annual Meeting
October 20 - 23, 2011
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AOAO 2011 Annual Meeting
October 20-23, 2011
Thursday - Sunday
Chicago Marriott Downtown
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